



The United States Pilates Association® LLC

Classical Pilates Symposium

September 16-17, 2016

Presenter Bios:



Peter Fiasca

Peter Fiasca's unique perspective comes from years of experience as a Romana Kryzanowska certified Pilates teacher. His many years of study culminate into intriguing and fun workshops that periodically highlight the interrelationship between traditional Pilates and overall health. Because of his extensive work as a teacher trainer, instructors, students and the public can benefit from Peter's insights into the traditional Pilates method. Peter's devotion with Pilates began in 1988, when he took his first class at Wee-Tai Hom's studio in Manhattan. As his passion grew, he pursued teacher training at Drago's Gym, receiving certification in 1998 from famed master teacher Romana Kryzanowska.

Over the years, he honed his teaching and his practice with regular lessons from Romana, as well as from master trainers Jay Grimes, Kathy Grant, and other distinguished, traditional instructors. Peter continues to study the work and has dedicated himself to the preservation of the Pilates method creating the

director of the award-winning Classical Pilates Technique series of six DVDs and author of the critically reviewed companion book, *Discovering Pure Classical Pilates*, he has been a frequent guest instructor at training centers throughout the U.S., Europe, and South America. Peter's book is translated into Spanish language: *Descubriendo el Pilates Clásico*. During 2013 he released a new book titled *Voices of Classical Pilates*, which is an extraordinary collection of essays written by 28 well-respected professional Classical Pilates teachers. Peter appeared in Romana Kryzanowska's first commercial DVD project, demonstrating the Pilates Mat workout, as well as the DVD "Pilates Revealed," with master teacher Jay Grimes.
